

Protecting Our Children's Tomorrow Today



Spring 2020 Newsletter

The mission of Parenting for Non-Violence (P4NV) is to educate and support parents to raise their children in emotionally healthy ways so that their children can thrive personally, socially and academically.

The Covid 19 Issue: Families in Stress

Has Parenting for Non-Violence shut down?
Yes and NO!

July 1, 2019 – March 15, 2020

Another banner year, we thought. At the beginning of March, P4NV had provided parents with 30 workshops with four others scheduled. The programs presented were Family Money Skills, Parenting of Teens, Fatherhood, First Five Years, Change and Co-Parenting. Change is a pilot program offered to the youth in detention at Cook County Juvenile Justice. The total number of this year's workshops exceeded the number in the same time frame in the prior year.

Family Money Skills had been translated into Spanish and was scheduled to start in April at two Chicago Public Schools.

We held our workshops in North Lawndale, Pilsen, Back of the Yards, Chicago Lawn, Roseland, Englewood, Cicero and Humboldt

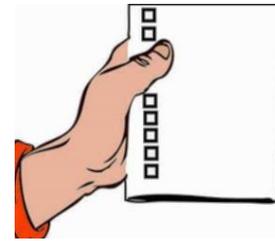
Park – areas of continuing poverty and violence.

Churches, schools and social service agencies collaborated with us. Wes Health System, a national behavioral health care and human services provider, in Humboldt Park and Cicero Community Collaboration were recent additions to the ranks of P4NV partners. **AND THEN EVERYTHING CAME TO A STOP!**

P4NV SAYS "NO WAY" OUR PARENTS NEED US

Parenting for Non-Violence is rightfully concerned about the impact the coronavirus is having on the vulnerable families that we serve. The economic fallout, children doing schoolwork at home, older students with canceled programs, general isolation and possibly virus-infected loved ones result in heightened stress. Gun violence is increasing. Relationships within the family may be deteriorating which can lead to child abuse and domestic violence.

One facilitator reported that parents are contacting her, asking for help, and sharing their situation. Think of trying to help with schoolwork when you do not speak English.



P4NV developed a **Family Stabilization Plan** to support parents by

using digital communications and developing programs to address current challenges.

- 👉 P4NV is reaching out to site contacts to determine the technology with which they and the parents are familiar and then to implement communication through Facebook, website, email and Zoom, Google Classroom or other preferred communication modality.
- 👉 P4NV has identified programs that will provide information on Positive and Adverse Childhood Experiences (ACEs) and Stress Management in order to address mental health and toxic stress.
- 👉 Follow-up virtual workshops will review effective parenting skills and highlight family fun activities while sheltered in place.
- 👉 Facilitators will receive professional development training in the delivery of virtual training programs and in the ACEs and Stress Management program.
- 👉 Our list of community resources will continue to be updated, reflecting current needs, and will be made available to facilitators and to parents in virtual presentations.

Our website is being updated with a list of resources that support critical needs such as food, housing, employment assistance, domestic abuse, mental health counseling, and more.

Our Facebook page is being launched and is a destination for parents seeking helpful tips, inspiration and conversation on parenting.

P4NV NEEDS YOU

P4NV has a long to-do wish list and would LOVE more volunteers and additional members of current teams. Much of our work is done from our homes. Marjorie Stephan and Judy McEvoy, Advisory Council members, have agreed to respond to inquiries from potential volunteers. Both have detailed job descriptions for needed positions and functions: corresponding secretary, donor relations team, benefit & fundraising, marketing & promotions and curricula research.

Contact Marjorie Stephan
mhstephan@sbcglobal.net

or

Judy McEvoy

judymcevoy05@gmail.com

Share your interest and skills and we will find a spot for you!

Some examples:

If you love research, join donor relations and seek out potential donors.

If writing is your skill and passion, take on the newsletter or grant writing.

Someone once said that (sometimes) your Misery Is Your Mission. Perhaps you or an acquaintance suffered from physical or emotional abuse as a child. Volunteering with P4NV could contribute to protecting

another child from a similar situation.

COMMENTS FROM CURRENT VOLUNTEERS

When my children were teens, I benefited greatly from Systematic Training for Effective Parenting (STEP) and learned that sharing parent education programs was one component of building a healthy family and a safer city. AND I love working with this team. Rosemary

Babies don't come with a manual. After the pregnancy counseling center where I'd worked for 9 years closed its doors, P4NV was the place to share my skills. Mary Lou

Pope John Paul II stated "Since the beginning of time, the family has played a major role and is crucial to the existence of all societies...the future of humanity passes by way of the family..." Growing up in a loving home is a prescription for societal change. It is from our first caregivers that we learn how to love ourselves and how to love others in the right way – allowing us to dream and be certain of a better future. I feel called to the nurturing and strengthening of families. It is the air I breathe. Teresa

SAVE the DATE: P4NV BENEFIT

Sunday, September 13, 2020 Kenilworth Club, Kenilworth IL.

Guest Speaker: Phil Andrew, Director Violence Prevention Initiative - Cardinal Cupich's Instrument of Peace Fund.

Honor Men on Father's Day!

A father is a man whose praise we do not sing as often as we could (or should). Please honor a special man in your life with a donation to P4NV. We will mail a card to your honoree and inform them of your gift.

Men memorialized will have names listed on our website and Facebook pages.

We thank all who have made our outreach possible.

Small non-profits cannot thrive without you!

Individual Donors November 1, 2019 – April 30, 2020

William & Celia Arnold
Betty & Hank Baby
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Barbara Bond
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Rosemary & Reed Tupper
Darlene Van Meir
Phil & Rosemary White
Mary Lou Wilhelm
Hank Wisniewski
Jim & Joan Woodrow
Joan Wrenn
Dawn Wyman

Foundation Grants November 1, 2019 - April 30, 2020

Helen V. Brach Foundation
The Dowdle Family Foundation
Haugh Family Foundation
The Lawlor Foundation
John and Carolyn Noonan Parmer Foundation
The Schoumacher Family Charitable Fund
The Trotter Family Foundation
W. P. & H. B. White Foundation
Lila & Violet Zaranti Foundation

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Please support our mission - Donate - Volunteer - Network
Together WE can make a difference!



